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Jump to ratings and reviewsEli and his family have lived in the underground Compound for six years. The world they knew is gone, and they've become accustomed to their new life. Accustomed, but not happy.For Eli, no amount of luxury can stifle the dull routine of living in the same place, with only his two sisters, his father and mother, doing the same thing day after day after day. As problems with their carefully planned existence threaten to destroy their sanctuary—and their sanity—Eli can't help but wonder if he'd rather take his chances outside. Eli's father built the Compound to keep them safe. But are they safe—or sorry? S.A. Bodeen's *The Compound* is a 2009 Bank Street - Best Children's Book of the Year. Eli and his family have lived in the underground Compound for six years. The world they knew is gone, and they've become accustomed to their new life. Accustomed, but not happy. No amount of luxury can stifle the dull routine of living in the same place, with only his two sisters, only his father and mother, doing the same thing day after day after day. As problems with their carefully planned existence threaten to destroy their sanctuary—and their sanity—Eli can't help but wonder if he'd rather take his chances outside. Eli's father built the Compound to keep them safe. But are they safe—really? ISBN-13: 9780312578602 Publisher: Square Fish Publication date: 09/01/2009 Series: Compound Duology Series #1 Edition description: First Edition Pages: 272 Sales rank: 42,517 Product dimensions: 5.40(w) x 8.20(h) x 1.00(d) Lexile: 570L (what's this?) Age Range: 12 - 17 Years Questions for DiscussionEli believes that Mom is a strong woman and that "gentleness" should not be confused with "weakness." Is he right? What are Mom's strengths and weaknesses?On page 95, Lexie calls Mom "lucky" because she doesn't have the same worries that most mothers do. To what extent is this true? Is this a fair statement?On page 117, Eli asks, "What are we surviving for?" Put yourself in his place. Would you want to survive a nuclear disaster? Why or why not? Human cloning has not yet been achieved but it would theoretically allow for the creation of a genetically identical "copy" of a person. How do you think a clone would be similar to and different from a "regular" person? Is it fair to value a clone's life less than a "regular" person's?Eli is a dynamic character. Discuss how he changes from the start to the end of the book. Is Dad a dynamic character as well? Why or why not?What challenges might you and your family encounter upon reentering "the real world" if you had an experience like the Yanakakis family's?S.A. Bodeen purposefully withholds some important details at the start of the story and then slowly reveals some of these details as the story progresses. What are some of these important details? How does it affect the plot?On page 169, Dad argues that the Supplements have grown up better than the other children because they were sheltered from so many bad things in the world. Do you agree? Why or why not?This novel explores the relationship between proximity and closeness. Can proximity damage closeness? In what ways are the Yanakakis family members close? In what ways are they not close? How might your own family relationships change if you never saw anyone else aside from your family?Perhaps the most disturbing element of the novel is the Supplements. Would you put your own life ahead of another's?What does it mean to "play God?" In what ways does Rex Yanakakis try to do this with the Compound? What goes wrong? Is there a lesson to be learned?We learn that Eli never thought he was "worthy" of being touched by his family. Explain why he believed this. Why do you think people withhold things from themselves like Eli did?In this novel, nuclear war and unlimited resources both threaten the Yanakakis family. Compare and contrast these threats. Which do you think is more frightening?Several nations currently house nuclear weapons. What could be the consequences of harboring such weapons? Should countries be allowed to possess nuclear weapons?On page 2, upon realizing that Eddy is above ground, Dad tells Eli, "I still have one of you." How does the meaning of this change once you read the ending? Go back and revisit some of Dad's earlier conversations with Eli. Upon rereading these conversations, does Dad say anything else that can have multiple meanings? * A high-wire act of a first novel, a thriller that exerts an ever-tighter grip on readers. . . . The audience will feel the pressure closing in on them as they, like the characters, race through hairpin turns in the plot toward a breathless climax." —Publishers Weekly, Starred Review"Debut novelist Bodeen effectively builds the claustrophobic suspense with each chapter as readers slowly discover the Compound is not the refuge it seems. Combining elements of Margaret Peterson Haddix's *Running Out of Time* (1995) and Kazuo Ishiguro's *Never Let Me Go* (2005), published for adults, this post-apocalyptic thriller will also pique the interest of Nancy Werlin and L.J. Adlington fans." —Booklist"Suspenseful and riveting, this debut novel raises serious issues about what it means to survive." —Kirkus Reviews From the Publisher In order to continue enjoying our site, we ask that you confirm your identity as a human. Thank you very much for your cooperation. In order to continue enjoying our site, we ask that you confirm your identity as a human. Thank you very much for your cooperation. The compound effect is the strategy of reaping huge rewards from small, seemingly insignificant actions. You cannot improve something until you measure it. Always take 100 percent responsibility for everything that happens to you. This is my book summary of *The Compound Effect* by Darren Hardy. My notes are informal and often contain quotes from the book as well as my own thoughts. This summary also includes key lessons and important passages from the book. Reading Suggestions This is a list of authors, books, and concepts mentioned in *The Compound Effect*, which might be useful for future reading. Harvard professor David McClellan's research on reference groups. Buy the book: Print Ebook Audiobook Or, browse more book summaries. Thanks for reading. You can get more actionable ideas in my popular email newsletter. Each week, I share 3 short ideas from me, 2 quotes from others, and 1 question to think about. Over 1,000,000 people subscribe. Enter your email now and join us. TWITTER @DEANBOKHARI | INBOX INSPIRATION Versions Available. Article, Audio (Podcast) This post + podcast combination covers the first three Big Ideas from *The Compound Effect* by Darren Hardy (Get the full version of this book summary here) *The Compound Effect* is about how small actions, executed consistently, can lead to hugely successful results, both in business and in life. The book was written by Darren Hardy, a guy who knows more than a thing or two about the topic of success, seeing as though he's spent the vast majority of his career at the helm of *SUCCESS Magazine*. As the publisher and founding editor of *SUCCESS*, Darren's learned that the decisions we make on a daily basis have a direct impact on the direction and ultimate success (or lack thereof) that we experience in our lives.Enter: *The Compound Effect*, a book that gives you practical every day steps to create real change in your life. Darren wrote this book as a guide on how to take ownership of your own life through the small decisions you make on a daily basis. Tweetable summary The tiny choices you make today can lead to the successes and failures you experience tomorrow. Small steps and slight changes lead to major progress and massive results. (click-to-tweet) Here's what you'll learn about in this summary: What is the compound effect and how can you use it to gain success in any and every area of your life? How the choices and habits, you may not even know you are making, can either inhibit or accelerate your future. How to keep your momentum going. Crucial Quotes "New or more information is "not" what you need—a new plan of "action" is. It's time to create new behaviors and habits that are oriented away from sabotage and toward success. It's that simple.""By the end of this book, or even before, I want you to know in your bones that your only path to success is through a continuum of mundane, unsexy, unexciting, and sometimes difficult daily disciplines compounded over time.""We are all self-made men and women, but only the successful take credit for it." 3 Big Ideas from *The Compound Effect* by Darren Hardy 1. THE COMPOUND EFFECT IN ACTION "The Compound Effect is the principle of reaping huge rewards from a series of small, smart choices." This idea behind *The Compound Effect* is that small consistent action over a long period of time has greater pay offs than intensely large but short changes. Hardy gives us a simple formula to explain:SMALL, SMART CHOICES + CONSISTENCY + TIME = RADICAL DIFFERENCEHere are a couple of examples to illustrate this idea:A single penny that doubles every day for 31 days has a larger payoff than taking \$3 million in cash today.Or take three friends who start off in relatively the same place—one makes no changes (good or bad), one adds a weekly beer to his diet and watches TV on his downtime, another makes some small changes like eliminating 200 calories a day and reading 10 pages of a good book daily... Which of these three people do "you" think end up in a better place two years down the road? Bottom line? The small choices we make everyday impact the results we experience in the future. At first, we won't see the difference, 5 months or even a year goes by and everything may look relatively the same. But give it two or three years and the differences can blow you away.So, what are some small choices you could be making on a daily basis, that could compound into positive changes for you in the future? Write them down, and get committed. 2. Be Diligent and Consistent "The most challenging aspect of the Compound Effect is that we have to keep working away for a while, consistently and efficiently, before we can begin to see the payoff."Repeating simple daily disciplines has big payoffs while repeating simple errors in judgement creates problems and leads you away from success. To find radical change in every area of your life, you only need to take a series of tiny steps, but you need to do so consistently over a long period of time to improve your life. You won't find success sitting on your couch wishing for it. You've got to do the hard work and stay consistent at it even when you aren't seeing results. Here's another important thing to keep in mind: It can get easy to take success for granted and start slacking off once you start seeing positive results... Don't do this! You will take major steps backwards in doing so that will be difficult to regain. Instead of slacking off when you start seeing positive results, take it as a sign that you're moving in the right direction, and then, put things in high gear and keep up the momentum!Let go of the need for instant results. Success is not fast. Change is hard, be patient with yourself.Actionable insight(s):Grab a pen and pad and write down your answers to the following questions:What are some excuses you currently hold on to that you know aren't contributing to your growth and success? Commit to overcoming them through hard work and personal development.What are some small steps you can start taking everyday to shift your life in a better direction?What are some small things you can stop doing that might be hindering your success? 3. YOUR DECISIONS DETERMINE YOUR DESTINY "Choices are at the root of every one of your results. Each choice starts a behavior that over time becomes a habit."You must begin by becoming aware of the choices you are making and how those choices impact your future. Things don't just happen to you in life, they happen because somewhere along the line you made a choice that led to that moment. Our biggest challenge isn't that we make bad choices willingly but that we make choices based on habits we've created. We "sleepwalk" through choices unaware that we even make them. Just as *The Compound Effect* can work for you as you increase small, smart choices it can work against you (and probably has been) in the very same small, seemingly insignificant choices you make on a daily basis.One important choice that MUST be incorporated in a steady diet is the choice to be grateful. Choosing gratitude influences other areas of our lives and makes us better people, better at relationships, more pleasant to be around, and generally happier about life.Actionable insight(s): Wanna get the full version of this book summary? Checkout the full version of this summary of *The Compound Effect* by Darren Hardy at *FlashBooks Book Summaries*. Signup now for just \$1 to get full access to this book summary, and hundreds of other Personal Development & Business Book Summaries that you can read or listen to, anytime, anywhere. Get started for just \$1 here (cancel anytime) Additional Links + Resources Get Book Get the Audiobook on Audible for free Get Audiobook Summary (MP3)

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